



Snohomish County Sheriff's Office  
**News Release**



---

Snohomish County Sheriff's Office

John R. Lovick, Sheriff

FOR IMMEDIATE RELEASE      All Media      07/03/2009  
CONTACT: Rebecca Hover, Public Information Officer  
rebecca.hover@snoco.org  
(425) 388-3377 Office  
(425) 339-5700 Breaking News Pager

**Two men injured in separate hiking/climbing accidents today**

The Snohomish County Sheriff's Office helicopter was used to help rescue two men who injured themselves today during separate hiking trips.

The first rescue happened about 5 p.m. Two men in their 20s were climbing Mt. Index when one of them fell and gashed his shin. The helicopter helped both men off Mt. Index. The injured man was taken by aid to Valley General Hospital.

The second search and rescue happened just before dusk. A 24-year-old Everett man was hiking in the Copper Creek area near Darrington when he fell and broke his leg. He, too, was brought out by helicopter. He was taken by aid to an Everett hospital.

The men were not seriously injured.

###